It sounds like GoDaddy aren't doing a professional job of web hosting. All the other hosting companies I know of allow you to use whatever database names you like as they are *always* prefixed by your domain/account name. Thus on my www.radicore.org website my account name is 'radicore', so all my databases are prefixed with 'radicore_'. This makes it easy for the hosting company to easily identify which database belongs to which account, and it makes it easy to configure phpMyAdmin to limit access to only those databases which are owned by each account.

If your 2nd-rate hosting company does not do this automaticaly, then you will have to add the 'radicore_' (or whatever you choose) prefix manually. You must then ensure that you specify the exact same prefix in the $GLOBALS['dbprefix'] variable in your config.inc file. The Radicore framework will then automatically combine the prefix with each database name at runtime.